

# MSc Public Health



## Programme Overview

Public health is a critical concern across the globe, requiring skilled professionals equipped to address complex challenges. This master's programme is designed to provide students with in-depth subject knowledge and advanced research tools to analyse key public health issues and contribute effectively to improving health and wellbeing at local, national, and international levels.

Jointly delivered by the Faculty of Human and Digital Sciences and the Faculty of Education and Social Sciences, this programme benefits from the expertise of two leading academic disciplines. It complements an established portfolio of undergraduate, Master's, and PhD programmes, fostering a vibrant academic community dedicated to public health and social care. Through this multidisciplinary approach, students will gain a comprehensive understanding of public health dynamics and develop the skills to drive meaningful change in diverse contexts.

Graduates of this course will gain a profound understanding of the essential pillars of modern public health—prevention, promotion, and protection—while exploring key issues at local, national, and international levels. They will acquire advanced quantitative and qualitative research skills to investigate public health challenges and will engage critically with contemporary models of leadership, delivery, and management in public health. Moreover, students will develop the capacity to design, execute, and assess high-quality public health interventions, ensuring their readiness to lead transformative initiatives that promote health equity and improve community well-being worldwide.

## Why Choose Liverpool Hope University?

Liverpool Hope University is an excellent choice for postgraduate study in Public Health, combining a rich teaching heritage with a modern, research informed approach. With small class sizes, personalized support, and a wide range of specialisms, the University offers a tailored learning experience that aligns with your career aspirations. You'll benefit from strong links to the public health sector, enhancing your employability and professional networks, while studying in a vibrant, welcoming campus environment. Located in the culturally rich city of Liverpool, the university also provides flexible study options and dedicated support to help you excel academically and professionally.

## Key Information

**Award:** MSc Public Health

**Study Mode:** Full-time; Part-time.

**Duration:** 12 months full-time; 27 months part-time.

**Intake:** September and January

**Entry Criteria:** Normally a minimum of a Second-Class Honours degree in a relevant discipline awarded by a UK university, or an equivalent higher education qualification is required.

For students whose first language is not English there is a language requirement of IELTS 6.0 overall (reading 5.5, writing 5.5). In addition to this, we also accept a wide range of International Qualifications.

**Fees and Funding information:**



**Apply to study:**



**School:** [Humanities](#).

**Contact Details:**

Student Recruitment,  
[courses@hope.ac.uk](mailto:courses@hope.ac.uk)

*Disclaimer: Information is correct at time of print, however programme details can change.*



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## CONTACT

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# Curriculum

## Tackling Inequalities in Health (15 Credits)

**Credits):** This module will critically explore how preventative measures can tackle inequalities in health outcomes, experiences and access to services both for targeted groups and the wider population. It will consider how individuals and organisations can work effectively with various stakeholders to address the social determinants of health at a policy and practical level.

## Global Public Health (15 Credits):

This module explores the principles, challenges, and practices of global public health in an interconnected world. Students will examine the social, political, economic, and environmental determinants of health across diverse populations, considering how issues such as globalisation, migration and climate change impact on health at the global level. Students will explore the structures and roles of international organisations, national governments, and non-governmental actors in shaping health policy and delivering interventions.

## Researching Public Health (30 Credits)

**Credits):** This module provides students with an understanding of research methodologies essential for investigating and understanding public health. Students will develop expert skills in literature searching to identify evidence within public health and comprehensive critical evaluation skills in qualitative and quantitative research.

## Public Health Approaches to Physical Activity and Nutrition:

This module addresses global health and the applied aspects of public health nutrition and physical activity explored through the lenses of protection, prevention and promotion. Food and nutritional science will be studied from a Public Health viewpoint and will focus on global, national and regional perspectives.

## Promoting Public Health (15 Credits)

**Credits):** In this module, students will critically engage with a broad range of Health Promotion interventions and approaches aimed at tackling both communicable and non-communicable disease. The module explores the

evolution of health promotion, from early behavioural approaches to contemporary models that emphasise empowerment, participation, and the wider social determinants of health.

## Public Health Practice (15 Credits):

Public Health Practitioners are key members of the public health workforce who work to improve the health and wellbeing of individuals, groups, communities, and populations. They work across various settings, such as the public, private, and voluntary sectors, and contribute to areas such as health improvement, health protection, and healthcare.

## Protecting Public Health (15 Credits):

This module provides a comprehensive and critical overview of health protection and surveillance within the field of public health, exploring the systems, strategies, and science used to safeguard populations from health threats. This module will equip students with the knowledge and analytical frameworks needed to understand, assess, and respond to a range of public health hazards, from infectious diseases to environmental exposures and chronic conditions.

## Dissertation in Public Health (60 Credits)

**Credits):** This final module leads to the completion of a dissertation of approximately 15,000 words. In this module students use the knowledge and understanding gained through their study to undertake research into a relevant area. Using appropriately selected research methodologies or theoretical approaches (which students will have introduced to in the Research Methods module) they will conduct research to further extend their understanding of Public Health and the process of researching Public Health and related disciplines.

# Teaching and Research

This postgraduate course is designed to equip students with the expertise needed to tackle the multifaceted challenges of contemporary public health. Through an integrated approach, students will focus on reducing health inequalities by identifying and addressing barriers to good public health and social care.

They will develop the skills to design and implement innovative interventions that overcome these barriers, supported by a strong foundation in analysing data on emerging public health threats and proposing effective solutions. Throughout the program, students will critically evaluate the implications of these actions for research, policy development, and professional practice in the field.

# Future Career Opportunities

The programme provides a strong background in all aspects of Public Health, equipping graduates for work in a range of Public Health related roles in Local Authorities, The NHS and the voluntary and private sectors.

The programme will give you the knowledge and tools required for the effective design, implementation and leadership of Public Health interventions. The opportunity to work with key stakeholders allows the students to apply their knowledge of public health into applied and academic settings.

Graduates will also be well placed to go on to a doctorate (either PhD or a Professional Doctorate such as the Health and Social Care Doctorate) at Liverpool Hope or another academic institution.



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